

Mental Health Awareness Month

Words can be found in any direction (including diagonals) and can overlap each other. Use the word bank below.

U Z Y H T G N E R T S I V L I
X M S J M U N D E R S T A N D
C N S C O M P A S S I O N X M
O O E Y S S E N L U F D N I M
M I N M Z K S X Z L E X P T M
M T E Y G O L O H C Y S P R E
U A R L X C K I F S S O C O D
N S A N V Y V J P A W G W P I
I R W F M P G E V E P M Y P C
T E A V T A O R M K U Z P U A
Y V L L C R W F H M M M H S T
U N Q B P E L N E T S I L O I
G O D A D H J H T L A E H F O
F C A I J T N Q S A F T N J N
R P X S T I G M A T M V W O F

Word Bank

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|-----------------|----------------|----------------|------------------|
| 1. health | 2. stigma | 3. listen | 4. psychology |
| 5. understand | 6. awareness | 7. therapy | 8. support |
| 9. strength | 10. medication | 11. compassion | 12. conversation |
| 13. mindfulness | 14. community | | |